

♥ Designates HAR/T™ Method Products

PRODUCT	BENEFIT	HOW USED	NIGHT/DAY	SKIN TYPE
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### Targeted Skin Cleansers

#### LACTI CLEANSER

Product #043

Gentle exfoliating cleanser for Skin renewal

PH 3.5-4

As needed  
Wet hands, apply to skin, rub gently, then rinse

Both

Normal to Dry

### Eye Area Products

#### AGELESS EYE

Product #205



Improves the appearance of fine lines & wrinkles  
Addresses puffiness & dark circles  
Paraben free

Apply a thin film to orbital area  
1-2 times daily

Either/Both

All

### Topical Skin Renewal Preparations

#### RETINOL 100 PADS

Product #217



Reduces appearance of fine lines & wrinkles  
Fragrance & preservative free

Apply every other night  
(for best results alternate with a product that contains vitamin C)

Night

Normal/Combination/  
Oily

#### RETINOL 50 SERUM

Product #641



Reduces appearance of fine lines & wrinkles  
Paraben free

Apply every other night  
(for best results alternate with a product that contains vitamin C)

Night

All except Sensitive Skin

#### VIT-C SERUM

Product #421



Brightens & smooths texture  
Antioxidants  
Enhances retinoid effectiveness / PF

Apply nightly or every other night  
alternating with a retinoid

Night (for best results)

All

#### LUMA GLOW

Product #565



Intensive combination of a retinoid, peptides, anti-oxidants (Vitamins C, E and Ferulic acid ester) and Nicotinyl trichloroacetamide

Nightly or every other night as directed. Alternate with intense recovery complex as needed

Night

All Except Sensitive

### Barrier Enhancement Agents

#### P-HYLORON SERUM

Product #244

Moisture enhancer  
Reduces the appearance of fine lines & wrinkles  
Paraben & fragrance free

Apply as needed  
Can also be used under creams & lotions

Either

All

### Sunscreen

#### MEDI-SHADE E

Product #324

Routine, broad-spectrum UVA/UVB protection  
No chemicals, fragrance, or parabens

Apply prior to sun exposure  
Reapply every 3-4 hours

Day

Normal to Dry/  
Post-Procedure

### Topical Skin Brightening Agents

#### LET IT GLOW

Product #347

Brightens skin  
Evens skin tone  
Moderate exfoliator  
Paraben free

Use 1-2 times a week as directed  
Increase contact time gradually

Night

All Except Sensitive